### April, 2025

# **2025 E-NEWSLETTER**



युवा कार्यक्रम एवं खेल मंत्रालय MINISTRY OF YOUTH AFFAIRS AND SPORTS GOVERNMENT OF INDIA



NATIONAL SERVICE SCHEME (NSS)

## **NSS National Convention 2025**

A NSS Convention was held on 25th–26th April 2025 at Jawaharlal Nehru Stadium, New Delhi, with the aim of key initiatives and future plans for strengthening NSS activities nationwide. A total of 162 NSS functionaries participated, including Regional Directors, State NSS Officers (SNOs) and Programme Officers.

The convention was inaugurated by Hon'ble Union Minister Dr. Mansukh Mandaviya, in the esteemed presence of Minister of State Smt. Raksha Nikhil Khadse, Secretary Youth Affairs Smt. Meeta Rajivlochan, Joint Secretary Shri Nitesh Kumar Mishra, and Director NSS Smt. Vandita Pandey.











### Empowering Youth Democracy : NSS Volunteers Shine at National Youth Parliaments

In April 2025, NSS Volunteers enthusiastically participated in the National Youth Parliament event held at Central hall of Old Parliament House, Delhi



The NYP event was graced by the Hon'ble Union Minister Dr. Mansukh Mandaviya, Ministry of Youth Affairs and Sports. NSS Volunteers participation reflected a strong commitment for promoting democratic values, encouraging youth engagement in governance and fostering meaningful discussions on national issues. The event provided a prestigious platform for young voices to express their views, debate policies and contribute ideas towards the nation's development.











# NSS Leads Jai Bhim Padyatra : Over 10,000 Youth Honor Dr. B.R. Ambedkar's Legacy

In a tribute to the enduring legacy of Dr. B.R. Ambedkar, the Hon'ble Minister of Youth Affairs & Sports, Dr. Mansukh Mandaviya, along with Hon'ble Minister of State Smt. Raksha Nikhil Khadse, led inspiring Jai Bhim Padyatra in Patna and Mumbai on April 13, 2025 respectively.



Over 10,000 MYBharat volunteers participated, paying heartfelt tributes to Dr. B.R. Ambedkar and celebrating his ideals of equality, justice, and unity. The padyatra included a collective reading of the Preamble of the Constitution of India with every step reinforcing national values.





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## **National NSS Advisory Council Charts Roadmap for Youth Development**

The National NSS Advisory Council Meeting was convened on 25th April,2025 at the Sports Authority of India (SAI), New Delhi, under the esteemed leadership of Hon'ble Union Minister of Youth Affairs andSports Dr. Mansukh Mandaviya and the Hon'ble Minister of State Smt. Raksha Nikhil Khadse. The meeting brought together key members of the council to deliberate upon and review various programmes and initiatives under the National Service Scheme (NSS). Discussion focused on assessing the progress of ongoing NSS activities, evaluating their impact on youth development and community service, and exploring strategies to further strengthen the role of NSS in nation-building. The council aimed to chart the future course of action to enhance youth participation and ensure that NSS initiatives continue to promote social responsibility, unity, and national values among the citizens.











# REGIONAL DIRECTORATE OF NSS, AHMEDABAD

# Youth Joined Hon'ble Union Minister Dr. Mansukh Mandaviya in Sundays on Cycle Drive to Promote Fitness

The Union Minister of Youth Affairs and Sports, Dr. Mansukh Mandaviya, actively led the 'Fit India Sundays on Cycle' campaign in Bhayavadar, Rajkot, on April 20, 2025. The event saw the enthusiastic participation of approximately 100 NSS volunteers from the Bhyaradar, Dumiyani and Upleta colleges of Saurashtra University, Rajkot, who joined the cycling initiative to promote fitness and well-being.



The 'Sundays on Cycle' initiative, aims to encourage citizens to adopt cycling as a regular fitness activity. Dr. Mandaviya emphasized the benefits of cycling, stating that it has become a "work culture" across India. He highlighted that cycling not only promotes health and fitness but also helps in reducing pollution, thereby fostering positive changes in people's lives. The event in Bhayavadar was part of a nationwide effort to promote a healthy and active lifestyle among citizens, aligning with the broader goals of the Fit India Movement.



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### NSS Volunteers Champion Literacy Mission : Thousands Join Ullas Karyakram in DNH & DD

The Ministry of Education's (MoE) New India Literacy Program (NILP), popularly known as Ullas Karyakram, successfully conducted its examination on 20th April 2025 across Dadra and Nagar Haveli & Daman and Diu (DNH & DD). Out of 22,000 registered neo-literates, 13,686 appeared for the exam, which covered reading, writing, arithmetic, and digital literacy. NSS volunteers played a key role in mobilization, awareness, and smooth conduct of the exam. Their efforts were appreciated by Education Department officials for ensuring the program's success.











### **REGIONAL DIRECTORATE OF NSS, BANGALORE**

### TB Awareness Mega Drive : NSS Volunteers Transform 13 Villages with Health Education

On 23rd April 2025, over 400 NSS volunteers from Dayananda Sagar University, Bangalore, spearheaded a powerful health initiative – the TB Awareness Mega Drive. Spanning 13 villages in a single day, the drive aimed to educate rural communities on Tuberculosis (TB), focusing on its symptoms, prevention, and treatment options. The large-scale outreach ensured vital health information reached those with limited access to medical awareness.

The volunteers used a blend of door-to-door campaigns, street plays, and informative sessions to engage villagers effectively. Their efforts not only helped demystify TB and reduce associated stigma but also encouraged early diagnosis and timely care. This drive demonstrated the transformative potential of youth-led initiatives in promoting public health and the enduring impact of grassroots community engagement.

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### NSS Volunteers Support Elderly and Orphans with Camp Ration

The NSS Unit of JGND Bharatesh College of Commerce, Belagavi, took a commendable step towards social welfare by distributing the remaining ration from its recent residential NSS Special Camp to an Old Age Home and Anatha Ashrama (Orphanage) in Kudachi. This thoughtful initiative aimed at supporting the elderly and orphaned children reflects the college's deep commitment to community service. The act was warmly appreciated by the beneficiaries, truly upholding the NSS motto — "Not Me, But You."



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### **REGIONAL DIRECTORATE OF NSS, BHOPAL**



### Jai Bhim Padyatra : A Historic March Celebrating Dr. Ambedkar's Legacy

On April 13, 2025, a PADYATRA was organized from Shaurya Smarak to Ambedkar Shaurya Smarak in Bhopal, Madhya Pradesh, to commemorate the 134th birth anniversary of Bharat Ratna Dr. B.R. Ambedkar. The event saw maximum participation from NSS volunteers of various institutions across the state, making it a grand success.

The inaugural session was graced as a Chief Guest by Shri Vishvas Sarang, The Hon'ble Minister of Sports and Youth Welfare, Government of Madhya Pradesh, and special guest Smt. Malti Rai, the Mayor of Bhopal.



#### Nutrition Fortnight Celebrated at Kosamarra to Promote Health and Well-being of Rural Communities

The Nutrition Fortnight was organized by the NSS Unit of Government Higher Secondary School, Kosamarra, in collaboration with the Gram Panchayat of Kosamarra, with the aim of spreading awareness about nutrition, balanced diets, and healthy lifestyle practices among the local population.

The event was graced as a Chief Guest by Mrs. Sindhu Bais, Chairperson of the Women and Child Development Project Department, who highlighted the critical role of child and maternal nutrition. The initiative showcased a strong partnership between educational institutions, local governance, and the community to promote better public health outcomes.









## **REGIONAL DIRECTORATE OF NSS, BHUBANESWAR**

#### Hands-On Disaster Preparedness : NSS Volunteers Trained for Emergency Response in Odisha

NSS volunteers from various Higher Secondary Schools under Council of Higher Secondary Education, Odisha, actively participated in a 3-day Disaster Management Training Program held from 28th to 30th April 2025 at the Conference Hall, CHSE, Bhubaneswar, Odisha. The program equipped the youth with essential skills to respond swiftly and effectively during emergencies and natural calamities Through practical, hands-on sessions and expert-led guidance, the training aimed to empower these young volunteers as first responders and proactive community leaders in disaster preparedness and resilience.



### Poshan Pakhwada-2025 : NSS Unit Drives Community Engagement for Better Nutrition

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Poshan Pakhwada-2025 was organized by the NSS unit of Government Women's College, Sambalpur, from 8th April to 22nd April 2025. During this fortnight, NSS volunteers actively engaged in a variety of activities aimed at spreading awareness on nutrition, health and well-being. The initiatives included community outreach programs, interactive sessions on balanced diets, demonstrations on healthy cooking, awareness rallies, and distribution of informative pamphlets, all contributing to the mission of fostering better nutrition and healthier lifestyles in the community.



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### **REGIONAL DIRECTORATE OF NSS, CHANDIGARH**



#### Millets and Wellness : NSS Expert Session Highlights Role of Super Grains in Disease Prevention

As part of the Poshan Pakhwada initiative, the NSS Unit of Chandigarh University, SAS Nagar, Punjab, organized an expert session on "Millets: Future Crops for Disease Resilience." Dr. Rachana Srivastava, a Scientist at PGIMER, Chandigarh, highlighted the nutritional value of millets and their role in enhancing disease resilience and environmental sustainability. She urged the inclusion of millets in daily diets for improved health outcomes. The session saw enthusiastic participation from students and faculty. The event concluded with a collective pledge to incorporate millets into daily life, promoting a healthier lifestyle and a sustainable future.







### NSS-Led Blood Donation Camp Highlights Youth Commitment to Social Responsibilities

The NSS Unit of Satish Chander Dhawan Government College, Ludhiana, Punjab, in collaboration with the National Integrated Forum of Artists and Activists (NIFAA), organized a Voluntary Blood Donation Camp on April 3, 2025. The event saw enthusiastic participation from both students and faculty members, reflecting a strong sense of social responsibility. The Principal, Professor Smt. Suman Lata



commended the NSS volunteers, stating, "Such initiatives cultivate compassion and community spirit among youth." The event highlighted the vital role of NSS in fostering civic engagement and community welfare, reinforcing the college's commitment to holistic student development.



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### **REGIONAL DIRECTORATE OF NSS, CHENNAI**

#### NSS Unit of Kalasalingam University Leads Blood Donation Drive to Save Lives

On 29th March 2025, Kalasalingam University, along with its NSS units, conducted a blood donation camp. The venue for this camp was Kalasalingam Medical College Hospital, and it was organized with the support of the Government Hospital Rajapalayam Blood Bank.

The camp saw enthusiastic participation from students, who donated blood voluntarily. This shows the students' willingness to serve to society.

The purpose of the camp was not just to collect blood but also to create awareness among students and the community about how important it is to donate blood voluntarily.

This event highlighted the commitment of the university and its students to healthcare, social responsibility, and community service, as they played an active role in helping save lives and promoting a culture of giving.







#### Jai Bhim Padyatra Marks 134th Birth Anniversary of Dr. B.R. Ambedkar in Chennai

Jai Bhim Padyatra organized at Chennai to mark 134th Birth Anniversary of Bharat Ratna Dr Babasaheb Bhimrao Ambedkar on 13 April, 2025. Tmt. Kanimozhi NVN Somu, Hon'ble MP, Thiru. I.Paranthaman, Hon'ble MLA, Egmore, Chennai, Th.Venkadesh Babu, IRS, Jt.Commissioner, GST& also Customs, Chennai, Th. Senthilkumar State Director, NYKS & Dr. C Samuel Chelliah, NSS RD Chennai were present on the occasion 600 NSS, NCC, My Bharat & NYK volunteers from Chennai city colleges participated in pledge taking, Lecture program & Padyatra organised at Youth hostel, Adayar, Chennai.











# **REGIONAL DIRECTORATE OF NSS, DELHI**

#### Jai Bhim Padyatra : NSS Delhi Volunteers Walk in Tribute to Constitution's Architect

On 13th April, the Regional Directorate of the NSS Delhi, organized a special event called the 'Jai Bhim Padyatra' to honor and remember Dr. B.R. Ambedkar, who is known as the architect of the Indian Constitution and a champion of equality and social justice.

The padyatra served as a way for the participants to pay tribute to Dr. Ambedkar's life, values, and immense contribution to the nation.

Around 500 NSS volunteers, representing different colleges across Delhi, actively took part in this event. Through their participation, these young volunteers expressed their deep respect and admiration for Dr. Ambedkar, reaffirming their commitment to the principles of equality, unity, and social harmony that he stood for.

The event not only celebrated Ambedkar Jayanti, but also aimed to inspire youth to follow Dr. Ambedkar's vision of an inclusive and just society.



# Fit India Mission : NSS Delhi Volunteers Champion Active Living through SundaysOnCycle

Pedaling towards a healthier nation, the Regional Directorate of NSS, Delhi, showcased its commitment to promoting fitness and well-being by actively participating in the Fit India Mission's 'SundaysOnCycle' initiative. Approximately 250 enthusiastic NSS volunteers from various colleges across Delhi joined hands for this noble cause. Through this cycling event, the volunteers aimed to inspire the community to embrace a fit and active lifestyle, highlighting the importance of regular physical activity for building a healthier and stronger nation.









### **REGIONAL DIRECTORATE OF NSS, GUWAHATI**





### Protecting Our Wetlands : NSS Goalpara College Conducts Cleanliness and Awareness Drive

The NSS unit of Goalpara College, Assam, organized a Cleanliness Drive at Urpad Beel, one of the region's most ecologically important wetlands. The event was conducted under the leadership of Dr. Jugabrat Das, NSS Programme Officer, who along with his dedicated team (NSS volunteers), carried out the activity with great enthusiasm and commitment.

Volunteers collected plastic waste and trash from various peripheral areas of the wetland. As part of the drive, awareness hoardings were also installed at the main viewpoint of Urpad Beel to educate the public on the importance of maintaining cleanliness and protecting our wetlands.

This initiative highlights the active role of the NSS in promoting environmental awareness and community engagement.

### Building a Greener Future : NSS Unit Organizes Vermicomposting and Sustainability Program

The NSS unit of Government Senior Secondary School, Gelling, Sikkim, in collaboration with the District Administration & Agriculture Department, organized an awareness program which focused on vermicomposting and sustainable environmental practices. A quiz & painting competition was also to showcase their knowledge and organized creativity exploring the benefits of vermicomposting, NSS volunteers participated in the event with great enthusiasm. The initiative aimed to educate participants about effective waste management and the importance of sustainability. By highlighting the role of youth in environmental conservation, the event promoted ecological responsibility and community awareness.









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### **REGIONAL DIRECTORATE OF NSS, HYDERABAD**

### NSS Spreads Awareness on Child Nutrition During Poshan Pakhwada

The NSS Units from Andhra Pradesh and Telangana organized Poshan Pakhwada across various institutions with the aim of promoting nutrition awareness, especially for children in their growth phase. As a part of the campaign, awareness seminars were conducted to educate people about the importance of providing nutritious food to children. The volunteers showcased different types of nutritious foods and explained their benefits in supporting healthy growth and development in children. In addition, NSS volunteers visited Anganwadi centres, where they not only distributed nutritious food items but also sensitized both the children and Anganwadi staff about the significance of adopting healthy eating habits. This initiative helped in spreading vital messages about child nutrition and encouraged communities to ensure balanced diets for their young ones.



### Commemorating Dr. B.R. Ambedkar : NSS Units Lead Padyatra and Awareness Activities Across Andhra Pradesh & Telangana States

On the occasion of Dr. B. R. Ambedkar Jayanti, the NSS Units of various institutions from Andhra Pradesh and Telangana organized a series of meaningful activities to pay tribute to the architect of the Indian Constitution. As part of the celebrations, NSS volunteers enthusiastically took part in padyatras (marches), pledged to uphold constitutional values, and performed street plays to spread awareness about Dr. Ambedkar's contributions. The volunteers also undertook cleaning drives of Ambedkar statues, ensuring these memorials were respectfully maintained. Another key highlight of the event was the reading of the Preamble of the Constitution, emphasizing the ideals enshrined in it and reminding participants of their civic duties. The program witnessed the active participation of not only volunteers but also Hon'ble Ministers and dignitaries from the society collectively highlighting the enduring significance of Dr. Ambedkar's vision and the Constitution in shaping a just and equitable society.



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## **REGIONAL DIRECTORATE OF NSS, JAIPUR**

### Health First : NSS Parishkar College Hosts Check-up Camp in Jaipur

On 8th April 2025, the NSS units of Parishkar College of Global Excellence, Jaipur, organized a Health Check-up Camp aimed at promoting the well-being of the community. The camp provided a platform for students, faculty, and local residents to undergo basic health screenings and consultations. Through this initiative, the NSS volunteers demonstrated their commitment to social service by supporting preventive healthcare and spreading awareness about healthy living practices. The camp reflected the college's dedication to community outreach and the NSS motto of "Not Me, But You", encouraging collective responsibility towards public health.



### NSS Units Celebrate Ambedkar Jayanti with Inspiring 'Run for Equality' in Jaipur

To observe Dr. B.R.Ambedkar Jayanti, a Run for Equality was organised at Albert Hall Jaipur on 14th April, 2025 in which NSS volunteers of local colleges and universities participate with full zeal.





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## **REGIONAL DIRECTORATE OF NSS, KOLKATA**

### Life-Saving Initiative : NSS Asansol Engineering College Hosts Blood Donation Camp

Blood donation is a vital act that saves lives and strengthens communities. Each donation can help multiple patients, including those undergoing surgery, cancer treatment, or trauma recovery. For instance, a single donation can save up to three lives by providing red blood cells, platelets, and plasma. Blood donation is a simple yet powerful way to make a significant impact, both for those in need and for the donors themselves



In this context NSS Unit of Asansol Engineering College has organized a Blood donation camp. A total of 86 students donated blood in this camp.



### Free Eye and Health Check-up Camp Benefits Slum Children and Elderly

NSS Unit of Prasanta Chandra Mahalanobis Mahavidyalaya affiliated to West Bengal State University Barasat has organized for a free health check up and eye check up camp at their adopted slum, Rajiv Nagar, Nawapara, Ward No-18 Under Baranagar Municipality. Free eye check up was arranged in collaboration with Rotary Techno Netralaya which is one of the leading hospitals in Kolkata known for its ophthalmology, services and advanced equipment. The initiative of the NSS Unit ensured maximum treatment and outreach to the slum children and elderly citizens free of cost.



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### **REGIONAL DIRECTORATE OF NSS, LUCKNOW**

#### Jai Bhim Padyatra Commemorates Dr. B.R. Ambedkar's 134th Birth Anniversary in Lucknow

On 13th April 2025, to mark the 134th Birth Anniversary of Bharat Ratna Dr. B.R. Ambedkar, a grand Jai Bhim Padyatra was organized in Lucknow, Uttar Pradesh. The event was a joint initiative by the Regional Directorate of NSS, Lucknow, and NYKS Uttar Pradesh, aimed at honoring the life and legacy of the architect of the Indian Constitution.

The Hon'ble Higher Education Minister of Uttar Pradesh, Shri Yogendra Upadhyaya ji, graced the occasion as the Chief Guest and flagged off the padyatra. The event witnessed enthusiastic participation from 1300 My Bharat NSS volunteers, reflecting the spirit of unity and social justice.

Also present at the event were Shri M.P. Agarwal ji, Principal Secretary, Higher Education Department, State NSS Officer, Uttar Pradesh, State Director, NYKS Uttar Pradesh, and Regional Director, NSS RD Lucknow, who walked alongside the volunteers, reaffirming their commitment to Ambedkar's ideals of equality, education, and empowerment.





### Sri Dev Suman Uttarakhand **University NSS Unit Organizes Successful Blood Donation Camp**

On 17 april,2025 NSS Unit of Sri Dev Suman Uttarakhand University, Pt. Lalit Mohan Sharma Campus Rishikesh Uttarakhand organized Blood Donation Camp. 95 Unit blood donated in this camp. The camp was inaugurated by Hon'ble Vice Chancellor, Sri Dev Suman Uttarakhand University, Tehri Garhwal Prof. N.K. Joshi.













### **REGIONAL DIRECTORATE OF NSS, PATNA**

### NSS Unit of KSDSU, Darbhanga Organizes Jai Bhim Rally to Celebrate Ambedkar Jayanti

To honor the legacy of Dr. B.R. Ambedkar on his birth anniversary, the NSS unit of Kameshwar Singh Darbhanga Sanskrit University (KSDSU), Darbhanga, Bihar, organized a vibrant Jai Bhim Rally. The rally aimed to spread awareness about Dr. Ambedkar's contributions to social justice, equality, and empowerment of marginalized communities. NSS volunteers actively participated, demonstrating their respect and commitment to the ideals of the architect of the Indian Constitution.







### Youth Connect at BIT Patna : Hon'ble Union Minister Dr. Mansukh Mandaviya's Empowering Speech

At the Youth Connect event held at Birla Institute of Technology (BIT), Patna, Bihar, Shri Mansukh Mandaviya, the Hon'ble Minister of Youth Affairs and Sports (MoYAS), delivered an inspiring speech. He encouraged the youth and NSS Volunteers to actively participate in nation-building, embrace sports and fitness, and uphold the spirit of leadership and social responsibility. The event aimed to motivate young minds to contribute positively to India's progress.







### **REGIONAL DIRECTORATE OF NSS, PUNE**



#### World Earth Day 2025 : 15,000+ Trees Planted by NSS Volunteers in Mumbai

On the occasion of World Earth Day 2025, the NSS Volunteers of Thakur Ramnarayan College, Mumbai, took a significant step towards environmental conservation by planting over 15,000 trees. This large-scale tree plantation drive was organized in collaboration with Greenzup Grow and the State Reserve Police Force (SRPF). The initiative aimed to promote ecological balance, raise awareness about the importance of trees, and encourage community participation in protecting the environment. Through this effort, the volunteers demonstrated their commitment to creating a greener and healthier planet for future generations.



### Awareness on Cyber Security : NSS Units Collaborates with Police for Guest Lecture

The NSS unit of Smt. Kaushalyadevi Maheshwari Mahila Mahavidyalaya organized an informative guest lecture on cyber crime awareness, conducted by representatives from Nandanvan Police. The session aimed to educate students about the growing threats in the digital world, including cyber fraud, hacking, and online safety practices. By raising awareness, initiative helped empower the students with knowledge to protect themselves from cyber crimes and promote responsible use of technology.

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# REGIONAL DIRECTORATE OF NSS, THIRUVANANTHAPURAM

# NSS Volunteers Take Poshan Pledge and Raise Awareness on Infant Nutrition in Kozhikode

Poshan Pakhwada Programmes organized by NSS Units 15 & 16 of Providence Women's College, Kozhikode at Rashtra Shilpi Anganwadi, Malaparamba, Kozhikode, Kerala. Briefing mothers is too important for the First 1000 days of Children's Nutrition, based on this, NSS Volunteers give awareness about various nutritious foods needed for infants and also exhibit posters depicting the different types of foods for overall growth of the children. They took the Poshan Pledge to promote good nutrition and healthy eating habits. The Volunteers prepared a chart showing different kinds of food items and their Vitamins contents for creating awareness to mothers.





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### Ambedkar Jayanti Commemorated at Central University of Kerala

On 14th April 2025, Central University of Kerala paid tribute to Bharat Ratna Dr. B.R. Ambedkar on his 135th birth anniversary. The university community remembered Dr. Ambedkar's ideals and his immense contributions to social justice, equality, and the framing of the Indian Constitution.

Organized in collaboration with the NSS Cell and the SC/ST Cell, the event saw active participation from students, faculty, and staff. Speakers highlighted the continued relevance of Dr. Ambedkar's thoughts and encouraged the youth to draw inspiration from his life and work.

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