



युवा कार्यक्रम एवं खेल मंत्रालय  
MINISTRY OF  
YOUTH AFFAIRS AND SPORTS  
GOVERNMENT OF INDIA



## NATIONAL SERVICE SCHEME (NSS)

### Directorate Of National Service Scheme (NSS)

#### Independence Day Ceremony 2025 at Red Fort, New Delhi

The National Service Scheme (NSS) proudly marked its presence during the Independence Day Ceremony 2025 held at the historic Red Fort, New Delhi. A total of 550 Volunteers showcased their spirit of service and patriotism by forming the inspiring "Naya Bharat" logo, symbolizing the vision of a developed and progressive nation.

Adding to the grandeur of the occasion, around 200 Special Guests witnessed the celebrations and appreciated the remarkable contribution of the volunteers. The event not only highlighted the enthusiasm and discipline of volunteers but also reaffirmed its commitment to nation-building through youth power.



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## Har Ghar Tiranga 2025

The National Service Scheme (NSS) actively participated in the Har Ghar Tiranga Campaign from 1st to 15th August 2025 across the country. During this period, NSS Volunteers organized numerous Tiranga Marches, spreading the message of unity, patriotism, and respect for the National Flag.

The campaign witnessed enthusiastic participation from a large number of volunteers, who inspired communities to hoist the Tricolour with pride in every home. Through these activities, NSS once again demonstrated its commitment to fostering national integration and celebrating the spirit of independence.



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# REGIONAL DIRECTORATE OF NSS, AHMEDABAD

## Noble University NSS Unit Collects 543 Units of Blood in Mega Donation Camp

In a powerful display of social commitment and youth activism, the NSS Unit of Noble University successfully organized a Mega Blood Donation Camp on 25th August 2025 in collaboration with GMERS Government Hospital

The camp witnessed the collection of **543 units of blood**, dedicated to supporting children suffering from Thalassemia, thereby giving them renewed hope for a healthier life.

This impactful initiative reflected the compassion and commitment of the student volunteers, while also underscoring the vital role of educational institutions in addressing critical healthcare needs.

Organizers and medical staff expressed heartfelt gratitude to all the donors and highlighted the continued importance of voluntary blood donation in saving lives.



## NSS Volunteers of Choksi College Serve Devotees During Shravan Month at Somnath Temple

From 23rd July to 25th August 2025, a total of 86 NSS volunteers from Choksi Arts & Commerce College, Veraval, actively participated in the Seva Yajna at Somnath Temple during the holy month of Shravan.

The volunteers dedicated their time daily from 10:30 AM to 8:00 PM, engaging in various forms of service to ensure the smooth functioning of temple activities and to enhance the experience of visiting devotees. Their responsibilities included assisting senior citizens in the reception area, distributing Prasad packets to Dashanaths, packing Prasad, and managing traffic during Aarti.

The discipline, compassion, and commitment to selfless service displayed by the volunteers were widely appreciated. During this period, Dr. Mansukh Laxmanbhai Mandaviya, Hon'ble Minister of Youth Affairs & Sports, visited the temple and commended the efforts of NSS volunteers, recognizing their work as a shining example of youth-led community service.



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# REGIONAL DIRECTORATE OF NSS, BANGALORE

## District Level Drug-Free Day Observed in Tumakuru

The NSS Unit of Vidyodaya Law College, in collaboration with the District Administration, Zilla Panchayat, District Police Department, Press and Public Relations Department, and the Karnataka State Liquor Control Board, organized a **District Level Drug-Free Day** on 1st August 2025 at Townhall Circle, Tumakuru.

As part of the programme, NSS volunteers of the college presented a powerful street skit depicting the harmful effects of drug abuse and emphasizing the importance of adopting a healthy lifestyle. The event was inaugurated by District Commissioner Smt. Shubha Kalyan and Superintendent of Police Shri Ashok K. V.

The programme witnessed the enthusiastic participation of over 3,000 college students, making it a remarkable initiative to spread awareness and strengthen the collective resolve towards a drug-free society.



## Donate Hope, Save Lives: Blood Stem Cell Awareness Programme

The NSS Unit of Yenepoya Homoeopathic Medical College and Hospital, Kallarakodi, Mangalore, in collaboration with the Department of Pathology & Microbiology, organized an awareness programme on "Donate Hope, Save Lives: Blood Stem Cell Awareness" on 26th August 2025.

The programme aimed to educate students and the community about the importance of blood stem cell donation in saving the lives of patients suffering from life-threatening blood disorders such as leukemia and thalassemia. Experts highlighted the donation process, its safety, and the vital role of youth in registering as potential donors.

The event witnessed active student participation and successfully generated strong awareness about the life-saving potential of stem cell donation.



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# REGIONAL DIRECTORATE OF NSS, BHOPAL

## International Youth Day & Har Ghar Tiranga Yatra

As part of the Har Ghar Tiranga – 2025 campaign, the National Service Scheme (NSS), Bhopal organized the Har Ghar Tiranga Yatra in Bhopal, led by Hon'ble Minister for Higher Education, Technical Education, and AYUSH, Shri Inder Singh Parmar.

The occasion was graced by Additional Chief Secretary for Higher Education Shri Anupam Rajan, Commissioner for Higher Education Shri Prabal Sipaha, Vice-Chancellor of Barkatullah University Prof. Suresh Kumar Jain, Chairman of the Private Universities Regulatory Commission Shri Bharat Sharan Singh, Regional Director of NSS Shri Ashok Kumar Shrotri, and State NSS Officer Shri Manoj Agnihotri.

A large number of NSS volunteers, officials, university faculty members, and dignitaries enthusiastically participated, spreading the message of patriotism and respect for the national flag.



## National Sports Day (NSD) 2025 – Birth Anniversary of Major Dhyan Chand

The NSS Unit and the Department of Physical Education, Yoga & Sports Science of Guru Ghasidas University, Bilaspur (C.G.), jointly organized *National Sports Day* celebrations from 29th to 31st August 2025 to mark the birth anniversary of hockey legend Major Dhyan Chand.

At the university level, various **running competitions** were held, with enthusiastic participation from a large number of students who showcased their sporting talent.

On 31st August, as part of the “*Sunday on Cycle*” initiative, a **cycle rally** was organized, in which NSS volunteers, faculty members, and students actively participated.

The three-day celebration successfully promoted **sportsmanship, teamwork, and health awareness** among students. Initiatives like “*One Hour on the Playground*” and “*Sunday on Cycle*” highlighted the message that **sports and physical activities are essential for a healthy life**.



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# REGIONAL DIRECTORATE OF NSS, BHUBANESWAR

## Cleaning of Public Statues on the Eve of Independence Day

On the eve of Independence Day, the NSS volunteers of Government Autonomous College, Angul, carried out the cleaning of statues of eminent freedom fighters and national icons located within the college premises. The statues cleaned included those of Hon'ble former Chief Minister of Odisha S.J. Nabakrushna Choudhury, Gopabandhu Dash, Madhusudan Das, Netaji Subhas Chandra Bose, and Raja Somanath Singh.

This noble initiative not only promoted the value of cleanliness but also reflected deep respect and gratitude towards the freedom fighters who dedicated their lives to the nation.



## Tiranga Rally – Har Ghar Tiranga

The NSS Unit of Jay Prakash Sandhya Degree Mahavidyalaya, Bhawanipatna, Kalahandi, organised a spirited Tiranga Rally under the Har Ghar Tiranga campaign. NSS volunteers, faculty, and students marched with the national flag, spreading awareness about unity, patriotism, and the importance of displaying the Tiranga with pride.

The event not only strengthened the bond between the NSS volunteers and the community but also served as a reminder of our collective responsibility to honour and uphold the values represented by the Tiranga. The NSS Unit reaffirmed its commitment to fostering national consciousness, youth leadership, and social responsibility through such impactful activities.





# REGIONAL DIRECTORATE OF NSS, CHANDIGARH

## Har Ghar Tiranga Rally at PEC, Chandigarh

The NSS Unit of Punjab Engineering College (PEC), Sector 12, Chandigarh, organized a Har Ghar Tiranga Rally on 14th August 2025. The rally, starting from the PEC Auditorium, was flagged off by Dr. D. R. Prajapati, Dean Student Affairs, and Dr. Rajesh Kumar Bhatia, Director, PEC.

Over 120 NSS volunteers and faculty members enthusiastically participated, celebrating the spirit of the 78th Independence Day. Marching with patriotic slogans and the Tiranga held high, participants spread the message of unity, national pride, and patriotism, reaffirming their commitment to safeguard freedom, integrity, and harmony.



## National Sports Day Half Marathon at BBN College, Hamirpur

On the occasion of National Sports Day, the NSS Unit of Baba Balak Nath College, District Hamirpur (Himachal Pradesh) organized a Half Marathon marked by remarkable enthusiasm and participation.

The event witnessed active involvement of students and NSS volunteers, showcasing the true spirit of fitness, discipline, and sportsmanship. The marathon not only celebrated the legacy of sports but also encouraged participants to adopt a healthy and active lifestyle.

The programme concluded with recognition of the winners and a renewed commitment to promote sports culture and physical well-being among youth.



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# REGIONAL DIRECTORATE OF NSS, CHENNAI

## Interaction of NSS Functionaries in Tamil Nadu

An interaction programme with the Secretary, Youth Affairs & Sports, Government of India, was organized on 29th August 2025 at D.G. Vaishnav College, Chennai, bringing together NSS functionaries from across Tamil Nadu.

During the session, the Secretary interacted with over 250 NSS volunteers and officers, commending their dedicated service and encouraging their continued involvement in nation-building activities. She highlighted the significant role of youth in fostering social responsibility, health awareness, and community development through NSS initiatives.

The Additional Chief Secretary, Youth Welfare & Sports Development Department, Government of Tamil Nadu, also addressed the gathering, outlining various youth-focused programmes and opportunities.

The programme proved to be highly interactive and motivating, offering NSS volunteers a valuable platform to engage with senior officials and share their experiences and aspirations.



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## Drug Awareness Pledge Ceremony at SFR College, Sivakasi

As part of the state-wide initiative to combat drug abuse and promote a healthy lifestyle among youth, the NSS Unit of SFR College, Sivakasi organized a Drug Awareness Pledge Ceremony. The event aimed to raise awareness about the harmful effects of drug use and to motivate students to commit to leading a drug-free life.

The ceremony was graced by Mrs. Sangeetha Inbam, Mayor of Sivakasi Corporation, who addressed the gathering and highlighted the critical role of students in building a drug-free and responsible society.

Students and faculty members took the pledge with great enthusiasm, expressing their firm commitment to spreading awareness and contributing actively to this important cause.





# REGIONAL DIRECTORATE OF NSS, DELHI



## Naya Bharat Logo Formation at Red Fort on Independence Day 2025

As part of the 79th Independence Day Celebrations – 2025, a grand Naya Bharat Logo Formation event was organized at Gyanpath, Red Fort, Delhi.

A total of 600 NSS Volunteers and NSS Programme Officers from the Regional Directorate of NSS, Delhi actively participated, demonstrating immense dedication, teamwork, and volunteer spirit while contributing to the success of this symbolic event celebrating the vision of a New India.

Additionally, 120 NSS volunteers from Delhi NCR actively performed their duties in collaboration with the Ministry of Defence Ceremonials and Delhi Traffic Police, efficiently managing traffic and help desks to ensure the smooth conduct of the celebrations.

This remarkable initiative showcased the vital role of NSS volunteers in national events, highlighting their commitment to service and nation-building.

## National Sports Day Celebration – 2025

Honoring the legacy of Major Dhyan Chand, more than 200 NSS volunteers actively participated in the National Sports Day Celebration to promote the vision of making India a sporting nation. The celebrations were held at JLN Stadium and IG Stadium, where volunteers enthusiastically took part in various activities.

In addition, several colleges and schools across Haryana, Delhi, and Jammu & Kashmir organized sports competitions and cycling rallies, promoting fitness, teamwork, and the spirit of healthy living among students.

This nationwide initiative successfully highlighted the importance of sports in building a healthy, disciplined, and united youth.



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# REGIONAL DIRECTORATE OF NSS, GUWAHATI

## Road Repair & Cleanliness Drive by NSS Unit, Ratu HS School, Mizoram

The NSS Unit of Ratu Higher Secondary School, Mizoram carried out a Road Repair and Cleanliness Drive along the school road, aiming to improve accessibility and promote a cleaner environment.

NSS volunteers actively participated in repairing and maintaining the road, ensuring smoother and safer access for students and the local community. In addition to the repair work, the volunteers organized a cleanliness drive at the Plantation Site, reinforcing their strong commitment to environmental care and community service.

This initiative showcased the spirit of discipline, teamwork, and social responsibility among NSS volunteers, contributing meaningfully to local development.



## North East NSS Festival 2025 at Agartala, Tripura

The North East NSS Festival was inaugurated on 23rd August 2025 by the Hon'ble Chief Minister of Tripura, in the presence of the Minister of Youth Affairs & Sports, Government of Tripura, the Under Secretary (NSS), Ministry of Youth Affairs & Sports, Government of India, and other dignitaries at Agartala.

The festival brought together NSS volunteers from across the North East region for a series of meaningful engagements aimed at personal growth and community service. The programme featured technical sessions and personality development workshops, providing volunteers with valuable opportunities to enhance their skills, leadership qualities, and community engagement capabilities.

Registrations for the festival were successfully conducted through the My Bharat portal, ensuring wide outreach and maximum participation.

In addition to the educational sessions, vibrant cultural programmes showcased the rich and diverse traditions of the North East, fostering unity and celebrating regional heritage.

The festival stood out as a remarkable platform for young volunteers to connect, learn, and contribute meaningfully towards nation-building.





# REGIONAL DIRECTORATE OF NSS, HYDERABAD

## Har Ghar Tiranga – 2025 Celebration

The NSS Units from various universities across Andhra Pradesh and Telangana enthusiastically participated in the Independence Day Celebrations – 2025 under the Har Ghar Tiranga campaign. As part of the occasion, the volunteers played an active role in organizing and conducting diverse programmes aimed at spreading the spirit of patriotism and national unity.

Activities included rallies in public places to raise awareness among citizens, showcasing India's rich heritage, as well as creative competitions such as poster-making and essay writing, encouraging students to express their thoughts on independence and nation-building.

A major highlight of the celebrations was the grand 1000 ft National Flag Rally jointly organized by Sri Venkateswara University (SV University) and Sri Padmavati Mahila Visvavidyalayam (SPMVV) in Tirupati, Andhra Pradesh. The massive tricolour rally stood as a strong symbol of pride, unity, and devotion to the motherland, leaving a lasting impression on both participants and the public.

This event reinforced the NSS volunteers' commitment to spreading national pride and promoting active citizen participation in India's democratic and cultural values.



## Van Mahotsav Celebration by NSS Units in Telangana & Andhra Pradesh

As part of Van Mahotsav 2025, the NSS Units from various Universities across Telangana and Andhra Pradesh actively participated in tree plantation activities, promoting environmental conservation and a greener future.

On this occasion, NSS volunteers planted numerous tree saplings within their campuses and nearby localities, while also motivating fellow students and community members to adopt the practice of planting and nurturing trees for a cleaner, greener, and healthier environment.

Several universities went a step further by organizing mega tree plantation programmes, where a large number of saplings were planted collectively to create long-lasting green spaces.

Alongside the plantation drives, awareness-oriented activities such as poster presentations, essay writing competitions, and other creative platforms were conducted, allowing volunteers to express their ideas and commitment towards nature conservation.

These impactful initiatives successfully enhanced a sense of responsibility among the youth and inspired the larger community to actively contribute towards safeguarding our environment.



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# REGIONAL DIRECTORATE OF NSS, JAIPUR



## Review and Interaction with Director, NSS

The Director of NSS, Ms. Vandita Pandey, IPS, visited Jaipur on 29th August 2025. During her visit, she conducted a thorough review of ongoing NSS activities and interacted with 50 NSS functionaries including Principals, Programme Coordinators, Programme Officers, and 200 NSS volunteers.

Ms. Pandey discussed the key challenges faced at the ground level, and deliberated on the effective implementation of NSS programmes, the National Education Policy (NEP), My Bharat platform, and other important initiatives. She also reviewed the disbursement of grants, ensuring transparency and efficient utilization of resources.

The interaction proved highly constructive, reinforcing the commitment of all stakeholders towards enhancing the impact of NSS activities and motivating volunteers to actively contribute to nation-building.



## Har Ghar Tiranga Campaign – 2025, Rajasthan

The Har Ghar Tiranga Campaign was successfully organized by all NSS Units across Rajasthan from 1st to 15th August 2025. During this period, NSS volunteers actively participated in spreading the message of patriotism, national unity, and respect for the National Flag.

The campaign was highly appreciated by the Hon'ble Deputy Chief Minister of Rajasthan and Minister of Higher & Technical Education, Dr. Prem Chand Bairwa Ji, who interacted with the NSS volunteers, applauding their dedication and efforts.

This initiative played a significant role in promoting a sense of national pride and social responsibility among the youth, reinforcing their commitment to nation-building activities.



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# REGIONAL DIRECTORATE OF NSS, KOLKATA

## Raksha Bandhan & Har Ghar Tiranga Celebrations by NSS Unit

On 9th August 2025, the NSS Unit of Dr. B.R. Ambedkar Satabarshiki Mahavidyalaya organized a heartwarming Raksha Bandhan Utsav at Kulia and Jitpur BSF Camps. On this special occasion, NSS volunteers, along with other participants, tied rakhis to BSF jawans as a gesture of respect, love, and gratitude. The main objective of the celebration was to strengthen the bond between soldiers and the community while spreading the message of unity, harmony, and national integration.

In addition to the Raksha Bandhan programme, the NSS Unit also actively participated in the Har Ghar Tiranga initiative at their adopted village, Kola. During this initiative, NSS volunteers distributed free spectacles to villagers to support their well-being. Furthermore, national flags, tricolor caps, and badges were distributed to the villagers, instilling patriotic values and encouraging active participation in the nation's celebrations.

These meaningful activities not only reinforced patriotism but also deepened the sense of social responsibility and community bonding among volunteers and citizens alike.



## Har Ghar Tiranga Campaign by NSS Unit, Surya Sen Mahavidyalaya, Jalpaiguri

Under the “Har Ghar Tiranga” campaign, organized from 1st to 15th August 2025, the NSS Unit of Surya Sen Mahavidyalaya, Jalpaiguri, West Bengal, actively visited various schools to raise awareness about the National Flag of India.

The volunteers interacted especially with students from the primary sections, explaining the historical journey of how the present form of the Tiranga evolved, the symbolism behind its three colors and the Ashoka Chakra, and the importance of respecting the national flag.

Additionally, the children were guided on the correct procedures for hoisting the flag, along with the important do's and don'ts to follow while handling the Tiranga.

This initiative successfully instilled a sense of patriotism and responsibility among young students, emphasizing the significance of national symbols in fostering unity and pride.



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# REGIONAL DIRECTORATE OF NSS, LUCKNOW

## Blood Donation Camp – A Drop of Blood, A Gift of Life

The NSS Unit of Babu Banarasi Das University, Lucknow, Uttar Pradesh, organized a Blood Donation Camp on 29th August 2025, spreading the message of humanity, compassion, and hope.

In this noble initiative, 94 units of blood were generously donated by the youth of the university, contributing to the life-saving mission of supporting patients in need.

The camp not only emphasized the importance of voluntary blood donation but also inspired students to actively participate in community service for the welfare of society.



## Filaria Unnmulan & Awareness Programme by NSS Unit, Chaudhary Sughar Singh Educational Academy

On 28th August 2025, the NSS Unit of Chaudhary Sughar Singh Educational Academy, Etawah, Uttar Pradesh, organized a Filaria Unnmulan & Awareness Programme focused on creating awareness about mosquito-borne diseases and promoting preventive measures.

The programme included an informative lecture session to educate students and the local community about filariasis and other mosquito-borne diseases. In addition, preventive medicines were distributed to help in the fight against filariasis.

The main objective of the initiative was to raise awareness about the harmful effects of mosquito-borne diseases and to encourage people to adopt effective eradication and preventive practices, contributing to a healthier and disease-free community.





# REGIONAL DIRECTORATE OF NSS, PATNA

## Har Ghar Tiranga Celebration by NSS Units, Bihar

The NSS Units of Bihar enthusiastically celebrated 'Har Ghar Tiranga' from 8th to 15th August 2025, as part of the nationwide campaign promoting patriotism and national pride.

During the celebrations, NSS volunteers organized a vibrant Tiranga Rally and distributed the National Flag door-to-door, encouraging citizens to proudly display the tricolour in their homes. Nearly all NSS units actively participated in this initiative, and many members of the general public joined the rally, celebrating with great enthusiasm.

Volunteers also took selfies with the National Flag and shared them on social media platforms, spreading the spirit of unity and patriotism across digital networks.

This collective effort reinforced the significance of the Tiranga and strengthened the commitment of youth towards nation-building and civic responsibility.



## National Sports Day Celebration by NSS Units, Bihar

The NSS Units of Bihar celebrated National Sports Day – 2025 with great enthusiasm and energy. The event aimed to promote the importance of physical fitness, sportsmanship, and healthy living among students and the community.

Various sports activities, competitions, and fitness rallies were organized across colleges and institutions, inspiring youth to actively participate in sports and adopt a healthy lifestyle. The celebrations paid tribute to Major Dhyani Chand's legacy, emphasizing the role of sports in building discipline, teamwork, and national pride.

Through these activities, NSS volunteers contributed to spreading awareness about the significance of regular physical activity as an essential part of personal and social well-being.





# REGIONAL DIRECTORATE OF NSS, PUNE

## Har Ghar Tiranga Rally by NSS Cell, Dr. Homi Bhabha State University, Mumbai

On the occasion of Independence Day 2025, the NSS Cell of Dr. Homi Bhabha State University, Mumbai organized a grand Har Ghar Tiranga Rally in Mumbai city to celebrate Azadi Ka Amrit Mahotsav and to evoke the spirit of patriotism.

The rally witnessed enthusiastic participation from NSS volunteers, students, and faculty members, who proudly carried the National Flag and raised slogans of unity and patriotism. The streets of Mumbai resonated with the message of Har Ghar Tiranga, inspiring citizens to display the tricolor at their homes as a symbol of national pride and solidarity.

The primary objective of the event was to spread awareness about the importance of the National Flag, foster respect for national symbols, and encourage active participation in the government's campaign. The energetic support and active involvement of local citizens further amplified the impact and success of the rally.



## Blood Donation Camp Organized by NSS Unit, RD Deore Arts & Science Mahavidyalaya, Sakri

The NSS Unit of RD Deore Arts & Science Mahavidyalaya, Sakri, District Dhule organized a Blood Donation Camp with the aim of promoting the spirit of social responsibility and service to humanity. The camp witnessed enthusiastic participation from students, teaching and non-teaching staff, as well as local community members.

The blood collection process was conducted by trained medical professionals, ensuring utmost care and safety, and providing every donor a comfortable experience. The initiative effectively highlighted the importance of voluntary blood donation in saving lives and emphasized the need for regular blood donation.

This noble event not only contributed significantly to healthcare but also instilled in students the values of compassion, empathy, and active citizenship – the core principles of the NSS. The college administration highly appreciated the donors and volunteers for their wholehearted participation and dedication towards serving society.





# REGIONAL DIRECTORATE OF NSS, THIRUVANANTHAPURAM

## Niramayam Project – Herbal Gardens in Schools by NSS Unit, Farook Training College, Calicut

The Niramayam Project was launched by the NSS Unit of Farook Training College, Calicut, with the aim of establishing Herbal Gardens in Schools to promote environmental awareness and the use of medicinal plants.

The project was inaugurated at G.V.H.S.S. Nadakav Girls School, in collaboration with the school's Eco Club. NSS volunteers from Farook Training College, who were on teacher training, established a herbal garden comprising 41 varieties of medicinal plants on the school campus. Each plant was carefully labeled with its name, scientific name, and medicinal properties to educate students and visitors.

The program was inaugurated by Dr. T. Muhammed Saleem, Syndicate Member of the University of Calicut, and presided over by K.V. Premachandran, Headmaster of the school. Distinguished dignitaries such as Gireesh Kumar, School Principal; Faseel Ahammed, District NSS Coordinator; N. Dhanya, Higher Secondary Eco Club Coordinator; and Henna Fathima addressed the gathering. The event commenced with a warm welcome by V. Sheeja, High School Eco Club Coordinator, and concluded with a vote of thanks by K. Sangeetha, Project Coordinator of the Niramayam Project, Farook Training College.

As part of the project, herbal gardens will be set up in various schools across the district, contributing to environmental sustainability and health education.

The initiative was led by NSS volunteers E. Burgis, M.A. Najath, M. Gowrinanda, Faeeha Amina, and Volunteer Secretary M. Shadil, demonstrating dedication towards promoting green practices and community development.



## Kitchen Garden – An Initiative by NSS Unit, Sacred Heart College, Thevara

The NSS Volunteers of Sacred Heart College, Thevara, Ernakulam, Kerala, carried out a meaningful community initiative in their adopted village, Chellanam Panchayat, aimed at promoting sustainable living and self-sufficiency.

As part of the program, they distributed 1000 grow bags and a variety of vegetable saplings to 500 families, encouraging each household to set up their own kitchen garden. This effort not only promoted self-sufficiency in vegetable cultivation but also created awareness about healthy and eco-friendly living.

To further motivate the families, the volunteers announced that awards will be given to the top 10 kitchen gardens after two months, based on growth, maintenance, and effort. Alongside the distribution drive, the NSS volunteers educated the villagers about effective waste management practices. They explained the importance of segregating biodegradable and non-biodegradable waste and demonstrated simple techniques to convert organic waste into nutrient-rich manure to nourish the kitchen gardens.

Through this impactful initiative, the NSS Unit supported sustainable food practices, while fostering environmental responsibility and active community participation in Chellanam Panchayat.



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## **DIRECTORATE OF NSS, NEW DELHI**