



युवा कार्यक्रम एवं खेल मंत्रालय  
MINISTRY OF  
YOUTH AFFAIRS AND SPORTS  
GOVERNMENT OF INDIA



## NATIONAL SERVICE SCHEME (NSS)

### Directorate Of National Service Scheme (NSS)

#### Kargil Vijay Diwas Padyatra at Drass, Kargil

On 25th July 2025, Ministry of Youth Affairs and Sports organised the Kargil Vijay Diwas Padyatra at Drass, Kargil. The event began at HIMBASS Public School with a welcome address by Smt. Vandita Pandey (IPS), NSS Director.

The program was graced by Dr. Mansukh Mandaviya, Hon'ble Union Minister of Youth Affairs & Sports, and Shri Sanjay Seth, Hon'ble MOS for Defence, along with senior dignitaries. Shri Sanjay Seth inspired participants with a tribute to the valour of Indian soldiers, followed by a special address from Dr. Mansukh Mandaviya.

The Padyatra culminated at the Kargil War Memorial, where dignitaries, including General Upendra Dwivedi, COAS, laid wreaths in honor of the martyrs. The event was attended by Veer Naris, gallantry awardees, UT Ladakh officials, military personnel, and over 2000 My Bharat Volunteers.

The Padyatra concluded successfully, reinforcing the spirit of patriotism and paying tribute to the heroes of Kargil.



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## Nasha Mukht Yuva for Viksit Bharat – Varanasi

The Nasha Mukht Yuva for Viksit Bharat program was held from 18th to 20th July 2025 at the Rudraksh International Convention Centre, Varanasi, marking a powerful beginning to this national movement against substance abuse. The initiative aims to empower young people to lead healthy lives and contribute to the vision of a Viksit Bharat.

The inaugural session was led by Dr. Mansukh Mandaviya, Hon'ble Union Minister for Youth Affairs & Sports, whose address highlighted the critical role of youth in shaping a drug-free and developed nation. He was joined by Smt. Raksha Nikhil Khadse, Hon'ble Minister of State for Youth Affairs & Sports, along with several eminent leaders who extended their support to this transformative campaign.

The three-day event brought together youth leaders, volunteers, and stakeholders, engaging them through discussions, spiritual sessions, and awareness activities. The gathering inspired participants to rise above addiction, embrace inner strength, and take a collective pledge for an addiction-free India.

With active involvement from the youth, the program set a strong foundation for change, uniting voices for a healthier, stronger, and progressive nation.





# REGIONAL DIRECTORATE OF NSS, AHMEDABAD

## State-Sponsored National Integration Camp at Dharampur, Valsad

A State-Sponsored National Integration Camp was organized under the National Service Scheme (NSS) from June 27 to July 3, 2025, at Shri C.J. Patel Rofel Arts and Shri M.I. Patel I.S.R.A. College, Dharampur, Valsad. The event was held in collaboration with the NSS Regional Directorate, Ahmedabad, and the State NSS Office, Gandhinagar.

The camp witnessed the enthusiastic participation of 220 NSS students, volunteers, and programme officers from colleges across 12 states, including Gujarat, Maharashtra, Uttar Pradesh, Uttarakhand, West Bengal, Bihar, Odisha, Sikkim, Telangana, and Himachal Pradesh.

During the week-long camp, participants engaged in cultural programmes, street plays, folk dances, songs, yoga sessions, cleanliness drives, and personality development workshops. Group discussions on national issues further enriched the experience. The volunteers also visited prominent tourist and religious sites in Dharampur, making the camp a blend of learning, cultural exchange, and community service.



## “Sunday on Cycle” Rally Promotes Fitness and Sustainability

On 27th July 2025, Hon'ble Union Minister for Youth Affairs & Sports, Dr. Mansukh Mandaviya, led a 4.5 km cycle rally in Ahmedabad as part of the Sunday on Cycle initiative. The rally, which began at the historic Sabarmati Ashram, passed along the scenic riverfront and concluded at Gujarat Vidyapith, saw the active participation of over 400 NSS volunteers and 150 Central Armed Police personnel.

The event aimed to encourage fitness, healthy living, and environmental sustainability. Addressing the participants, Dr. Mandaviya highlighted cycling not only as a powerful tool for maintaining physical health but also as a sustainable mode of transport that helps reduce carbon emissions. His motivational words inspired the volunteers to adopt cycling and fitness as part of their everyday lifestyle.



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# REGIONAL DIRECTORATE OF NSS, BANGALORE

## World Population Day Awareness Program

On 15th July 2025, the NSS Unit of Dr. M.V. Shetty College of Nursing, in collaboration with Government Lady Goschen Hospital, Mangalore, observed World Population Day. The program highlighted the importance of small family norms, population control, and sustainable family planning through health talks and a mime show.

The awareness activities effectively engaged the community, encouraging responsible family planning practices for a healthier and balanced society.



## World ORS Day Awareness Campaign

On the occasion of World ORS Day, the RGUHS NSS Units of ETCM College of Nursing and KLES Nursing Sciences, Belagavi, jointly conducted an impactful awareness campaign at ETCM Hospital OPD and Leelavathi Children's Hospital.

The program aimed to spread awareness about the importance of Oral Rehydration Solution (ORS) in the prevention and management of dehydration, particularly among children suffering from diarrhea. Faculty members, NSS volunteers, and healthcare professionals demonstrated the correct method of ORS preparation, ensuring that parents and caregivers could easily adopt this simple and cost-effective practice at home.

Through interactive sessions, posters, and direct communication, the campaign highlighted how timely use of ORS can save lives, reduce child mortality, and promote better community health. Parents and community members actively participated, gaining practical knowledge on recognizing signs of dehydration and the need for immediate intervention.

The awareness drive successfully reinforced the message that ORS is a vital, life-saving solution, easily accessible to everyone, and a key step toward reducing preventable health risks in children.



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# REGIONAL DIRECTORATE OF NSS, BHOPAL

## Stay Away from Addiction" Awareness Campaign

The NSS Units of Madhya Pradesh organized the campaign "Stay Away from Addiction" from 15th to 30th July 2025. During the campaign, NSS volunteers took a pledge to stay away from substance abuse and spread awareness among the community through street plays (nukkad natak).

The initiative effectively encouraged youth and community members to adopt a healthy lifestyle and highlighted the importance of keeping society free from addiction.



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## “Ek ped maa k naam 2.0” Plantation Drive

Under the initiative “Ek ped maa k naam 2.0”, various NSS Units of Chhattisgarh organized plantation programs across the state. During the campaign, saplings of different species were planted in college campuses and public places, promoting environmental conservation and honoring the spirit of motherhood.

The drive encouraged youth and community members to contribute towards a greener and healthier future.



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# REGIONAL DIRECTORATE OF NSS, BHUBANESWAR



## Ek Ped Maa Ke Naam – Plantation Drive

The NSS Unit of Sanatana Harichandan Mahavidyalaya, Madanpur, Khordha, organized a plantation programme near the institution's campus on the occasion of Ek Ped Maa Ke Naam.

The event was graced by Ms. Sarita Patel, Regional Director, NSS, as the Chief Guest. In the presence of the Principal, Programme Officers, ACF, volunteers, and staff, around 600 saplings were planted, promoting environmental sustainability and community participation.

## Learning Beyond the Classroom – Youth Skills Development Program

The NSS Volunteers of XIM University, Bhubaneswar (Unit-2) organized a Youth Skills Development Program for the school children of their adopted village. The initiative aimed at nurturing practical skills, self-confidence, and personal growth among young learners.

The program witnessed enthusiastic participation, with children engaging in interactive sessions filled with energy, valuable insights, and purposeful conversations. The effort not only enhanced learning but also encouraged students to dream bigger and work towards a brighter future.





# REGIONAL DIRECTORATE OF NSS, CHANDIGARH

## Kargil Vijay Diwas: A Tribute of Gratitude and Pride

The NSS Unit of Shri Guru Harkrishan Sr. Sec. Public School, Sector 40-C, Chandigarh, celebrated Kargil Vijay Diwas with great patriotic zeal. Volunteers paid tribute to the heroes of the Kargil War through poems, songs, and dance performances, reflecting gratitude and respect for the nation's brave soldiers.

The presence of Naik Babu Ganesh C. from the 93 Field Regiment added special significance to the event, as he shared inspiring experiences from his army life. The celebration instilled a strong sense of patriotism among NSS volunteers and deep respect for the supreme sacrifices of our soldiers.



## International Plastic Bag Free Day – Promoting Sustainability

The NSS Unit of Chitkara University, Himachal Pradesh, observed International Plastic Bag Free Day on 3rd July 2025 with the theme of sustainability.

The program began with an awareness session by NSS Programme Officer Mr. Tapas Sharma, who highlighted the harmful effects of plastic and the need to adopt eco-friendly alternatives. Students and NSS volunteers then took a pledge to reduce plastic use and actively participated in a hands-on workshop, where they created paper bags, file covers, and plant pots from waste materials.

The initiative not only promoted sustainable practices but also reinforced the commitment towards achieving the UN Sustainable Development Goals (SDGs).



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# REGIONAL DIRECTORATE OF NSS, CHENNAI

## World Drug Awareness Day – Spreading the Message of a Drug-Free Society

On 24th June 2025, the Department of Commerce and NSS Unit-3 of Dr. MGR Educational and Research Institute observed World Drug Awareness Day.

Special guests addressed an audience of over 300 students, emphasizing the importance of drug abuse prevention and the role of youth in building a healthier society. The program concluded with an awareness rally, led by dignitaries and students, carrying the strong message of creating a drug-free community.



## International Day Against Drug Abuse – Awareness Rally and Human Chain

The NSS Unit of the School of Allied Health Sciences, Vinayaka Mission's Research Foundation, Puducherry, observed the International Day Against Drug Abuse by organizing an awareness rally and human chain.

Students and faculty members participated actively, spreading the message of drug abuse prevention and encouraging public awareness and community action to combat drug abuse and illicit trafficking across Puducherry.



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# REGIONAL DIRECTORATE OF NSS, DELHI



## Nasha Mukta Bharat Abhiyan – Spreading Awareness for a Drug-Free India

NSS volunteers are actively participating in the Nasha Mukta Bharat Abhiyan campaign, spreading awareness about the dangers of substance abuse and promoting a healthy, drug-free lifestyle.

Through community engagement, awareness events, and motivational activities, volunteers are encouraging people to say no to drugs and adopt positive, healthier choices. Their dedicated efforts are contributing towards building a stronger and healthier India.

## Ek Ped Maa Ke Naam 2.0 – Plantation Drive by NSS Volunteers

NSS volunteers from Delhi, Haryana, and Jammu & Kashmir actively participated in the “Ek Ped Maa Ke Naam 2.0” campaign by planting trees in colleges, schools, and villages.

The initiative not only promoted environmental sustainability but also encouraged community engagement, fostering collective responsibility towards creating a greener and healthier future.



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# REGIONAL DIRECTORATE OF NSS, GUWAHATI

## NSS Volunteers Extend Flood Relief Support

The NSS volunteers of Pranab College, Nagaland, extended timely support to the flood-affected residents of their adopted village in Dimapur. Volunteers distributed food and essential supplies, bringing relief to the affected families.

Their compassionate efforts reflected the true spirit of community service and social responsibility, standing by people in times of need.



## Sunday on Cycle – Pedalling for a Nasha Mukta Tripura

The NSS Unit of D.N. Vidyamandir, Dharmanagar, North Tripura, organized a “Sunday on Cycle” event to spread awareness about the vision of a Nasha Mukta Tripura.

NSS volunteers rode through the streets, engaging with the community and promoting the message of a healthy, active, and drug-free lifestyle. The initiative reflected youth commitment towards building a stronger and addiction-free society.



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# REGIONAL DIRECTORATE OF NSS, HYDERABAD

## Van Mahotsav – Nurturing a Greener Future

On the occasion of Van Mahotsav celebrated from 1st to 7th July, the NSS Units from various universities of Telangana and Andhra Pradesh actively participated in tree plantation drives, encouraging volunteers to plant more saplings for a greener and healthier environment.

Several universities also organized mega plantation programs, poster presentations, and essay writing competitions, engaging NSS volunteers in spreading awareness about the importance of trees and environmental conservation.

The week-long celebration fostered a spirit of responsibility among youth towards protecting nature and building a sustainable future.



## Swacha Andhra – Swarna Andhra Programme

As part of the Swacha Andhra – Swarna Andhra week, the NSS Units of Acharya Nagarjuna University, Guntur; Dr. B.R. Ambedkar University, Srikakulam; RVR & JC Institution, along with several other universities and institutions, actively participated in a wide range of activities.

Volunteers engaged in cleaning campus premises, taking cleanliness pledges, organizing rallies, essay competitions, and spreading awareness among locals on the importance of keeping surroundings clean, green, and reducing the use of plastic.

The programme fostered a strong sense of environmental responsibility and community participation, contributing towards the vision of a cleaner and greener Andhra Pradesh.



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## REGIONAL DIRECTORATE OF NSS, JAIPUR



### Nasha Mukti Shapath at Government College, Sirohi

The NSS Unit of Government College, Sirohi, organized a Nasha Mukti Shapath event, where students and volunteers collectively took an oath to stay away from substance abuse and pledged to spread awareness about the importance of a drug-free lifestyle.

The program reflected the commitment of youth towards building a healthy, responsible, and addiction-free society.



### Harit Kranti – Plantation Event at Government College, Sirohi

The NSS Unit of Government College, Sirohi, organized a plantation event under the banner "Harit Kranti". NSS volunteers, staff, and students actively participated by planting saplings on the campus, promoting the message of environmental conservation and sustainability.

The initiative encouraged youth to take responsibility for protecting nature and contribute towards building a greener and healthier future.



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## Paddy Cultivation Programme at Rani Dhanya Kumari College, Murshidabad

The NSS volunteers of Rani Dhanya Kumari College, Murshidabad, West Bengal, actively participated in a paddy cultivation programme at their adopted village, Baranagar, on 30th July 2025.

With great enthusiasm, students engaged in hands-on farming activities alongside local farmers, promoting sustainable agricultural practices. The initiative aimed to bridge the gap between youth and traditional farming, while fostering community development and environmental awareness.

Volunteers also gained valuable practical knowledge about eco-friendly farming methods. The program was widely appreciated by both villagers and college authorities, marking a significant step towards youth involvement in rural sustainability efforts.



## Free Health and Eye Check-up Camp Organized by NSS Unit of Prasanta Chandra Mahalanobis Mahavidyalaya

The NSS Unit of Surya Sen Mahavidyalaya, Siliguri, West Bengal, has successfully adopted four Tuberculosis (TB) patients as part of the government's "TB Mukta India" initiative. This program aims to eliminate tuberculosis while improving the health and well-being of those affected.

Recognizing the importance of nutrition in the recovery of TB patients, the NSS Unit has committed to providing continuous nutritional support for six months. Each adopted TB patient receives a nutritious food package consisting of 5 kg atta for energy, 1 kg masoor dal and 1 kg soya bean for protein and strength, 30 eggs to boost immunity, and 1 kg milk to support bone health and recovery.

This compassionate initiative reflects the dedication of NSS volunteers in contributing to the fight against tuberculosis and supporting community health.





# REGIONAL DIRECTORATE OF NSS, LUCKNOW

## Workshop on Cyber Security and Digital Awareness

The NSS Unit of Sunbeam College for Women, Bhagawanpur, Varanasi, Uttar Pradesh, organized a Workshop on Cyber Security and Digital Awareness to equip students with essential knowledge of safe digital practices. The session was conducted by cyber expert Mr. Shubham Pareek, who revealed how sensitive data shared on smartphones can be misused if not handled carefully.

He also explained practical tips on securing personal information, identifying online threats, and adopting responsible behavior in the digital world. The workshop created awareness among NSS volunteers and students about the importance of cybersecurity in everyday life.



## NSS Volunteers Explore Postal Services through ELP

NSS volunteers of St. John's College, Agra, Uttar Pradesh, actively participated in the Experiential Learning Programme (ELP) in Postal Services at the Branch Post Office, Sanjay Place, Agra. Through this initiative, the volunteers gained practical insights into postal operations and developed a better understanding of public service delivery.



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# REGIONAL DIRECTORATE OF NSS, PATNA



## NSS Volunteers Celebrate Van Mahotsav with Plantation Drive

The NSS Unit of Sarala Birla University, Ranchi, Jharkhand, organized a plantation drive to mark Van Mahotsav and the national campaign "Ek Ped Maa Ke Naam". Volunteers planted 35 saplings, contributing to environmental conservation and sustainability.

Following the drive, a seminar was held on the importance of tree plantation. The NSS Programme Coordinator addressed the gathering, emphasizing the crucial role of trees in maintaining ecological balance and fostering a sustainable future.



## NSS Volunteers Organize Awareness Rally on World Population Day

On the occasion of World Population Day, the NSS Unit of Vaishali Mahila College, Hajipur, Bihar, organized an awareness rally to highlight population issues and their impact on sustainable development. The rally began from the college campus, passed through the market area and public places, and concluded back at the campus.

A seminar was also held in the auditorium, where the Programme Officer delivered a lecture on the disadvantages of overpopulation. The event witnessed enthusiastic participation of 57 NSS volunteers and 23 other students, spreading awareness among the community.



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# REGIONAL DIRECTORATE OF NSS, PUNE

## NSS Campaign “Say No to Drugs” in Maharashtra & Goa

NSS volunteers across Maharashtra and Goa actively promoted a drug-free lifestyle and spiritual awareness through a series of activities under the banner “Say No to Drugs.” The campaign featured rallies, webinars, poster and rangoli competitions, as well as conferences aimed at spreading awareness about the harmful effects of substance abuse.

To extend the reach of the message, the initiative was also widely promoted on social media platforms using the hashtag ‘NashaMuktYuva’, inspiring youth to embrace a healthier, drug-free lifestyle.



## Mega Plantation Drive under “Ek Ped Maa Ke Naam” in Jalgaon

A mega plantation drive was organized in Jalgaon, Maharashtra, on 5th July 2025 under the “Ek Ped Maa Ke Naam” campaign. The event witnessed the enthusiastic participation of 1,500 NSS volunteers from Bhusawal at Chorwad, near Biyani College.

The drive was graced by Smt. Raksha Nikhil Khadse, Hon'ble Minister of State for Youth Affairs & Sports, Government of India, who encouraged the volunteers and appreciated their efforts towards promoting environmental sustainability.



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# REGIONAL DIRECTORATE OF NSS, THIRUVANANTHAPURAM

## Launch of NSS Vignana Keralam Project in Kerala

The NSS Vignana Keralam Project, an employment generation and skill development initiative, was officially launched by the Hon'ble Chief Minister of Kerala, Shri Pinarayi Vijayan. The project aims to empower youth through targeted training programs, enhancing job readiness and promoting entrepreneurship.

To mark the collaboration, a Memorandum of Understanding (MoU) was signed between Sree Narayana Open University (SNOU), the Kerala Development and Innovation Strategic Council (K-DISC), and the National Service Scheme (NSS).

The signing ceremony was attended by senior dignitaries including Sh. Y. M. Uppin, Regional Director of NSS, Dr. R. N. Anzer, State NSS Officer (SNO), and Sh. Peeyush Paranjape, Youth Officer.



## Beach Cleaning Drive Against Plastic Pollution

The NSS Unit of VHSS Kanichukulangara, Alappuzha, Kerala organized a beach cleaning program at Mararikulam Beach on July 13, 2025, to combat plastic pollution and promote environmental awareness. Volunteers collected plastic bottles, packet covers, and other harmful waste, which was later handed over to the sanitation unit.

As part of the campaign, leaflets, paper bags, and cloth bags were distributed to shops and households, encouraging the community to reduce plastic use and adopt eco-friendly alternatives.



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